

TRANSITION HOUSE THANK YOU

On April 19, Trinity members served a dinner of lasagna, Caesar salad, garlic bread, vegetables and ice cream bars to 55 adults and children who are currently residents of Transition House, a shelter for homeless families. Those who helped provide food and made cash donations were: June Brusse, Martin Halseth, Dorothy Burkhart, Cindie Trieger, Trudy Allen, Marcia Lenvik, Ellen Ahlers, Jane Maddalon, and Marilyn Reginato. Servers were Martin Halseth, Marshall Sittig, Nancy Sittig and Jane Huhn. Many thanks to you all.

Dorothy Burkhart, Nancy Sittig and June Brusse rotate being coordinator for Transition House each month. There is a signup sheet at the Welcome Center for those who would like to help with food or monetary donations each month. We'd also love to have another coordinator (or more). On-the-job training will be provided!

Nancy Sittig, April Meal Coordinator

Master class on choral performance with Chanticleer and the Santa Barbara Quire of Voyces

Unitarian Church ~ 1535 Santa Barbara Street
Saturday, May 15, 2010 ~ 1:00 pm

Come and hear Chanticleer, one of the world's finest choral ensembles, lead a workshop with Santa Barbara's own a capella ensemble, the Quire of Voyces.

The acoustics in this sanctuary are wonderful, and the event will be both beautiful and educational.

Admission is \$20.00 general, \$15.00 students/seniors. Tickets can be purchased through the Garvin Theater Box Office - 965-5935, or at the door.

Chanticleer is also presenting a concert at UCSB's Campbell Hall the evening before, May 14th, at 8:00 pm. Contact UCSB's Arts and Lectures office for tickets - 893-3535.

SERVING IN WORSHIP IN MAY

ALTAR GUILD Shirley Landru, Edythe Smith & Lois Rye

READERS 8:00 AM 10:30AM

First Sunday	Stephanie Steenstrup	Joan Petersen
Second Sunday	Christy Henzler	Corbett Grainger
Third Sunday	Bob Huhn	Erik Karlson
Fourth Sunday	(9:30)	John Rydell
Fifth Sunday		Peggy Morin

COMMUNION ASSISTANTS

	8:00 AM	10:30 AM
First Sunday	Kim Bish	Barbara Griffith
Second Sunday	Kim Bish	Cindie Trieger
Third Sunday	Kim Bish	Rob Anderson
Fourth Sunday	(9:30)	Kim Bish
Fifth Sunday		

GREETERS

	8:00 AM	10:30 AM
First Sunday	Kathy Raschka	Nan Burns & Greg Dahlen
Second Sunday		Einar Hovind
Third Sunday		Marilyn Reginato
Fourth Sunday		Dennis & Betty Lewis
Fifth Sunday	Larry & Astie Hammett	Marty Appel

Volunteers are always welcome for any of these activities. If you would like to volunteer to be a reader or a communion assistant, please contact Jane Maddalon at 967-6859. If you would like to be an official greeter of our members and visitors, please contact Marilyn Reginato at 967-9361 or Cindie Trieger in the church office at 687-1577. If you are interested in joining the Altar Guild please contact Nancy Sittig (966-4499) or Helen Rydell (687-3234).

MAY BIRTHDAYS

John Hartnett	1	Bill Kelly	17
Marilyn Reginato	1	William Cederberg	17
Chris Morrisset	1	Anna Tetherow	18
John Santrizos	2	Philip Wilson	19
Christel Schneider	5	Amy Jensen	19
Evelyn Tetherow	5	Gary Brusse	20
Jim Field	5	Sharron Krebs	20
Robert Perez	6	Rami Courtney	21
Jane Huhn	7	Kyle Diehl	21
Allan Krebs	8	Betty Ahlgren	21
Seth Anderson	10	Nancy Kelly	21
Martin Seyfried	11	Cindy Courtney	21
Betty Anderson	12	Lorraine Price	22
Steven Tetherow	12	Helen Rydell	22
Laurie Richardson	13	Ken Walker	23
Romy Reicker	14	Sharon Troll	24
Marlene Riemer	15	Betty Lewis	27
Jean Appel	16	Trudy Allen	28
Judy Uhles	16	Martin Appel	30
Mel Vogel	17	Corinne Satterthwaite	31

MAY ANNIVERSARIES

Tom & Noel Johnson	2	Betty & Dorrance Anderson	12
Ulla & Erik Jorgenson	8	Jane & Jim Maddalon	18
Kim & Graham Hurvitz	9	Bernice & Bob Phillips	20

Please call the office with any corrections or additions to this list.

Arthritis Walk – Sat. May 15

Let's Move Together with Faith Walkers

Several months ago, many of you participated as part of **Faith Walkers** for the Alzheimer's Walk. The **SALT** team made quite an impression in their red t-shirts and raised a significant amount of money for a worthy cause. You are invited to join **the Faith Walkers Team** for the Arthritis Walk on Sat. May 15 on the West Campus of City College with registration beginning at 8:30, opening ceremonies at 9:00 and the one or three mile walk at 10:00. Be assured that this walk is geared for people with arthritis and everyone is welcome. There will be food, music and a health fair, so feel free to come and cheer on other walkers if you cannot walk yourself. There's a Kids' Zone for children and your canine pal is welcome too.

One in five Americans....that's 46 million people, including 300,000 children, have doctor diagnosed arthritis. In recent years, research has made significant advances in treatments for arthritis. The Arthritis Foundation offers classes, which have been proven to help prevent and improve the quality of life for those with arthritis. Funds raised will go primarily to local programs, including a camp for children. We have applied for a Thrivent matching grant as well.

You may sign up online at **ccafwalk.org**. **Faith Walkers** is a team under the group name, **Karen's Krew**. Brochures are also available for signing up. Please join us for a morning of fellowship, food, music and a beautiful scenic walk as we support local programs and research.

Questions??? Contact-
Karen Anderson - kcookand@cox.net
961-0130 (H)
682-6461 (W)

WE CONGRATULATE

Greg Hanson was Senior Champion in a tournament at La Cumbre Country Club. He beat the runner-up by 6 strokes.

Anjali Daniels and the Dos Pueblos Robotics Team for their outstanding performance at the Robotics championships in Atlanta. They were given the "Motorola Quality Engineering Award" for having the best-designed, best-fabricated, most robust robot at the event.

Jack Trieger and the San Marcos High Jazz Band for their 5th place win in the AAA division at the Reno Jazz Festival.

MEMBERS IN THE NEWS

Larry Hammett was pictured in an article about the Rotary Club's donations to a group established to empower women of the Congo who are experiencing violence and abandonment as a result of war.

Anjali Daniels was pictured in an article about the 2010 class of Ticktockers, part of the national Charity League. The 2010 class volunteered more than 4,000 hours during their six years in the group.

WE WELCOME

William Richard Barfield, son of Darby (Hammond) and Sam Barfield and grandson of Ann and Dick Hammond was baptized at Trinity on April 4.

WE MOURN WITH

The family of Nancy Gonnoud on her death in a car accident on highway 154.

Cynthia Johnson and family on the death of her mother Mary Lou.

Kathy Raschka, Leif Ourston and family on the death of Leif's brother Thor.

Bob Christianson and family on death of former member Lorraine.

Ed Arntsen & family on death of his brother

John Smith & family on death of his sister

We keep in our prayers: Nicholas Moore-Karppinen, Susan Black, Nan Burns, Ila Vranish, David Hammoch (son in law of Jane & Jim Maddalon), Doris Demmin (mother of Ann Townsend), Amy Frenzer (daughter of Dick & Shirley Landru), Hal Oquist, Val Oquist, Helen Seyfried, Jean Appel, Paul Griffith, Ruth Harrison.

THANK YOU to Austin & Brandon Malde-Zoradi, Lillian Ball, Chris Olson, Tom & Judi Brooks, Joanne & Bob Nelson, Helen Flatau, Cindie Trieger, Karen Anderson, Stefany Grainger and Heather Diehl for sponsoring items for the nursery. We recently were able to upgrade the toys to make them more age appropriate for some of the children who frequent the nursery on Sundays. We purchased more books, a "Singable Sunday Tunes" CD, Crayola markers, Legos, Matchbox airplanes and helicopters, wooden puzzles and a rug. The kids are enjoying the new items.

"Dear Friends in Christ,

Thank you once again for your cards, calls and prayers. Your sweet deeds of love and care made my month in bed finally end. I thank God for his healing hand and all of your prayers and love."

*Love in Christ,
Joanne Tveidt*

With gratitude and deep appreciation, I thank Trinity and the Endowment Committee for your financial support and encouragement of my nursing education. I am now an LV and working full time at Maravilla in assisted living. Next year I plan to pursue the RN license. Trinity will always be my church home, since 1972! I have been blessed by you all.

Corrine Satterthwaite

MEMBERSHIP MUSINGS

BREAD BREAKERS returns! Yes, it's time for our Spring BREAD BREAKER gatherings. Here are the four weekend dinner options available to you. On Saturday, May 8, Susan Malde and Mike Zoradi invite 6 guests to join them for dinner at 6:00. Jim and Jane Maddalon open their home for an evening with dinner on Sunday, May 16. Stephan and Jean Weeks will host a dinner for six on Sunday, May 23. The last option is at the home of Trudy and Mark Allen....dinner on Saturday, June 5. As you know, there is no agenda at these dinner gatherings: the aim is simply to create a time and place to become better acquainted with fellow Trinity members. Give it a try; you'll be glad you did!

Have you noticed the new "Missing from Action" postcards that are displayed above the Flower Book? This is a new idea from Pastor Truls; it will help us keep in touch with people in our congregation. Here's how it works: if you become aware that a Trinity member has not been in attendance for two or three weeks, you simply take one of the "Missing from Action" postcards and jot a short note to that person. Cindie will collect the postcard, address it, stamp it, and mail it. The "missing" person will receive a message from the mail carrier pointing out that he/she has been missed.

The GARDENERS' EXCHANGE TABLE remains healthy and full of surprises. In April we've been blessed with oranges, lemons, tangelos, avocados, even grapefruit! Thanks to all of our contributors. Thanks also to those of you who take the produce home and leave your donations in the little collection box. That money goes to support the Saturday Lutheran Food Pantry held at Grace Lutheran church.

Finally, thanks to Richard Schneider for building the brochure display rack in the Narthex above the Flower book. Thanks, also, to Mary Ebeling for the photos she is providing for our new, almost-completed, Visitor's Brochure.

Long Range Planning Team Update

The long range planning team continues to work on discerning God's will for Trinity through Bible Study and prayer. We've developed a working purpose statement: *Building relationships to share God's love*. The team will now focus on long range plans that will help Trinity fulfill this purpose. The team has also developed a number of guiding principles to articulate the things we need to remember and be accountable for in living out our purpose. With these "lenses" in place the team will next look at our resources and our list of ideas to initiate a long range plan for Trinity.

The TELC Long Range Planning Team: Judi Brooks, Diana D'Evelyn, Christy Henzler, Art Kvaas, Susan Malde, John Morrisset, Bob Nelson, John Santrizos, Council representative Bob Huhn and Pastor Truls Person.

NEW PICTURE DIRECTORIES ARE HERE! We have one directory for each family – whether you had your picture taken or not. We want you to have a current directory to connect with other people of Trinity. More than 90 directories were picked up this past Sunday and they will continue to be available for pickup on the coming Sunday mornings. Care Ministers may pick up directories for delivery to homebound members. Just mark off their names on the directory print out.

A special thank-you to Jack Trieger for the beautiful cover design!

BOOKBINDER'S BOOK CLUB - For our gathering in May we are reading *Have a Little Faith* by Mitch Albom. This is a beautifully written story about a remarkable eight-year journey between two worlds--two men, two faiths, two communities--that will inspire readers. **Please join us May 16 at 3:00 PM in the Fireside Room for our meeting.**

May Notes in Youth and Family Ministries

First off, thank you to all of you who helped with our youth fundraiser as we talked about “buying stock” in our trip to San Francisco this summer! We will be serving with Youth With A Mission (YWAM), an ecumenical organization that equips youth of all Christian denominations to serve worldwide.

If you missed us, or weren’t able to give at the time the announcement was made, there is still time to contribute and “buy stock” with us. Shares are \$1 each, and all shareholders receive a stock certificate. After we return from our trip, we will have a “shareholders’ meeting” and have all of you over for dinner as well as some pictures and stories of our trip.

But back to this month; we’re all looking forward to summer and the end of school, and we will officially mark the end of our faith education year with a pool party at the home of Larry and Astie Hammett on Sunday, 5/16! Pentecost will mark the culmination for our students who have been preparing for the affirmation of their baptisms. Pentecost is Sunday, May 23, and we will be having one combined service at 9:30AM that week.

Perhaps one reason things such as confirmation and graduation are held in the spring is to remind us that these are beginnings, not endings. One’s faith or education is not a task to be accomplished or a problem to be solved, it is a living, organic part of the human experience that grows and changes as we do.

How’s your garden growing? Need a little more Living Water?

Peace,

Rich Lashua

Director of Youth and Family Ministries

YOUNG ADULTS will meet at 6:30 p.m., Monday, May 10 at Pastor Truls' and Kathy's house. Please bring an appetizer, salad, or dessert and e-mail Kathy at kathy.person@gmail.com to let her know you can be there, and she'll send you directions. Are you twenty or thirty-something? Please join us.

MEN'S MINISTRY MEETS at 6:00 p.m., Monday May 17 at the home of Rami Courtney. We'll have good food, fellowship, and Bible study. Please join us. There will be a sign-up sheet at the Welcome Center so Rami knows how much food to prepare.

THE WOMEN'S FELLOWSHIP GROUP will meet on Monday, May 17, 6:00 p.m. at the home of Kathy Person. This will be a potluck meal. Please bring an appetizer or salad of your choice to share. Please sign up at the Welcome Center so Kathy will know how many people to expect.

CHECK OUT OUR PROGRESS on improving and maintaining our church property! Many have noted the beautiful landscaping and benches by the sanctuary. The garden will be dedicated to the memory of Mildred Fusco and all the saints of Trinity. A memorial plaque will be placed on the large stone. We are looking forward to receiving the plaque by early June. Thanks to Adam Graham and his crew for the re-design as well as the re-planting and beautiful planters by the Fellowship Hall. And a very big “thank you” to Richard Schneider, Dick Landru and Jim Maddalon for the myriad of projects that keep us looking good – from replacing light bulbs and troubleshooting the electrical and heating systems to chasing those pesky gophers!

If you get a chance, take a look at our kitchen. It is now fully approved by the County Health Department and meets all their critical standards to insure food and fire safety. Many thanks to Evelyn Jacob from Food from the Heart who worked tirelessly to accomplish this!

PENTECOST ~ SUNDAY, MAY 23

9:30 a.m. Worship Service

*Please note that there will be a single worship service.
Remember to wear red, the color for Pentecost!*



Confirmation – Two Trinity members, Brendan Lokre and Molly Nylen along with Hanna Nolan of Christ Lutheran who completed her instruction with Brendan and Molly, will affirm their Baptisms during our worship service on the Day of Pentecost. Plan to greet them at a reception on the patio immediately following worship!

ANNUAL MEETING SCHEDULED FOR SUNDAY JUNE 13 – This year's annual congregational meeting will be held at **10:30 AM following a single worship service that day at 9:30 a.m.** Items on the agenda will include the presentation of the annual budget, election of Council officers and members at large, as well as election for three vacancies on the Endowment Committee. Budget discussions will be held at 9:15 on the two preceding Sundays – May 30 and June 6. Location to be announced later. Copies of the Annual Report and the budget will be available for distribution two weeks prior to the meeting.

EAT, PRAY, BUILD! Join Habitat for Humanity of Southern Santa Barbara County for an interfaith celebration to kick off our partnership in providing decent affordable homes for working families in our community. Our church will join several other local congregation for food, fun, and a time of prayer for the families that will live in the San Pascual homes, and for the work of Habitat in the next year. Everyone is invited; there will be games and activities for all ages, and FREE lunch! Please RSVP to Jon, 692-2226. **Sunday May 2, 12-2pm @ the Habitat ReStore 6725 Hollister Ave, Goleta**

SALT Book of Faith – Spring Program. Groups meet Wednesdays through May 19.

- How Lutherans Interpret the Bible
- Wednesdays, 7:00-8:30 p.m. Trinity Leader: Erik Karlson

- People of Faith: A Prostitute, Two Prophets, and Poor Ol' Job
- Wednesdays, 7:00-8:30 p.m. Trinity Leader: Tim Ball

- The Gospel of Mark
- Wednesdays, 7:00-8:30 p.m. Trinity Leader: Mark D'Evelyn

- Romans
- Wednesdays, 2:00-3:30 p.m. Christ Leader: Kent Carlander.
- Wednesdays, 7:00-8:30 p.m. Trinity Leader: Pastor Darcy Jensen

- Revelation
- Wednesdays, 11:00 am - 12:30 pm Grace Leader: Bob Erikson

MISSIONARY UPDATE (*Trinity is one of the congregations sponsoring missionaries Cynthia and Samuel Wolff.*)

Happy Easter! We had a wonderful Easter Service here at our little church (tent) in Nairobi. But we are in the rainy season, so it was a bit problematic.

That is so kind of you to inquire about the cost of a new tent but I think that we can now finally move on from this. We have received permission from ELCA/Global-Missions to raise funds for a permanent building.

Let me explain:

The church property is actually 3 separate but adjoining plots. Only one plot is under dispute (which is bogus but still tied up in court). Unfortunately that is the place where they started the building. The original plan called for a phase II to begin after the church was completed. This would consist of a program building for Sunday School, our nursery school, youth room etc. It would be 2 stories. The church council has decided that if the court case is not settled by the end of this month we will build the program building and partition the upper story as planned but leave the ground floor as one open hall that we can use for worship.

By the way, Cindy boiled and dyed 150 + eggs for our children. Easter eggs are not a tradition here and the children were absolutely delighted but many of the adults were amazed, they had never seen them before. Some asked where she found red and blue chickens.

Thank you so much for your interest, prayers and partnership in Christ's mission.

Kwa Heri (with blessings)
Samuel Wolff

CONFERENCE ASSEMBLY, MAY 2

What will it take for congregations to "make it" in a climate of aging and/or declining membership and economic shifts? What is congregational identity and mission? Come and explore congregational ministry, present and future, at this year's Channel Islands Conference Assembly.

As a congregation of the Evangelical Lutheran Church in America, we are part of a group of congregations from Agoura Hills to Simi Valley to Santa Barbara called the Channel Islands conference. Our conference gathers once or twice each year to stay in touch, learn, hear news about the wider church, and explore ways we might partner in mission. Anyone from Trinity is invited to attend.

Please let Pastor Truls know if you are interested in going. The Assembly begins at 2:30 p.m. on Sunday, May 2 at Westlake Lutheran Church in Agoura Hills. We should be back in Santa Barbara between 5:30 and 6:00 p.m.

COMPUTERS NEEDED - Do you have a computer (laptops preferred) that you would be willing to lend to the church for a few weeks? Cesli Vierra is leading a class in basic computer skills for a group from our senior fellowship and we need a few extra computers for the class. Please call the church office if you can help out. Thank you!

TIDINGS DEADLINE - If you would like to submit an article for the Tidings the deadline for submittal is the 23rd of every month. Thank you.

Healthful News

Sharon Troll RN

Parish Nurse

May 2010

Parish Nurse Hours Mondays
Call for appointment (687-1577)
or email strollrn@aol.com
What do I do when...



... I desire a home visit?

and Care Ministers make calls regularly. Do not to contact the parish nurse, Sharon Troll, if you know of a parishioner in need. A Care Minister or Pastor Truls can be called to make a call or make a home visit.

Clergy
hesitate

... I am going to the hospital?

Contact the church office to let us know where and when you will be hospitalized. During admission, indicate that you are a Lutheran and a member of Trinity Evangelical Lutheran Church. Parishioners share the pastoral ministry and need to assist us in the notification process. The Church will not know of your hospitalization unless you tell us or tell a member of your family to call.

.. I would like to add a name to the prayer tree?

An individual can be added to the prayer tree by contacting the church office, or calling Shari Herzog at 964-8038 or emailing her at daynish2@aol.com. Our prayer tree requests are communicated by email. Anyone may request prayer support however, it is generally requested when putting someone other than yourself on the prayer tree that you obtain their consent before adding their name.

....A Parish Nurse focuses on enhancing the well being of parishioners and the parish as a whole. Parish Nursing has been well established at Trinity Lutheran Church for close ten years. Homebound and hospitalized members of the congregation are regularly visited and assessed and often linked to outside community resources. A Parish Nurse focuses

on **HEALTH!** -as a health advisor, health educator, health advocate, liaison to community resources and healer.

How Foods Fight Cancer



Mondays

May 3rd

May 10th

May 17th + 1 other date

10-11:30am

Fellowship Hall Kitchen

Sign Up at the Welcome Center

May Senior Fellowship Luncheon

May 13, 2010

Helene Mussbach & Howard Howe

Accordion Duet

&

Sing-A-Long



Care Ministry Meeting

Tuesday
May 11, 2010
4PM



“Care Ministry Life”

with

Pastor Truls & Sharon

Arthritis Walk 2010

Saturday May 15, 2010

Festivities 9:00AM Walk 10:00AM

Santa Barbara City College

721 Cliff Drive, Santa Barbara, CA

Come and walk for arthritis