

FAMILY NEWS AT TRINITY.....

IN THE NEWS

Lynn Burtness has been re-elected president of the Santa Barbara women's club-Rockwood. This is her second term.

WE MOURN WITH

The Hazard family on the death of Norm's brother Robert.

Dorothy Burkhart and the Kelly family on the death of Roland.

Mary Fisher on the death of husband Jack. A memorial service will be held on August 17 at 11:00 AM at Montecito Covenant Church.

Former member Grace Madland and family on the death of Palmer in Vancouver WA. Palmer will be buried in their hometown of Inwood, IA.

The Maddalon and Cormier families on the death of Dorothy Cormier, Jane Maddalon's sister-in-law.

The Seavey & Jones families on the death of Linda Seavey, Andrea Lashua's aunt.



We keep in our prayers: Jane Poythress, Dana Noyes, Hal Oquist, Dick Landru, Joanne Tveidt, Dana Noyes, Helen Seyfried, Hans Steenstrup, Eric Diehl, Jim Lilligren, Correne Slater, Lorna Owens, William Yacoub, Esther Lantz, Ernie Ranum, Roy Fuentes, David Trichler, Paul Griffith, Larry Hammett, Rudy Geyling, Jean Appel, Laurie Owens (sister-in-law of Mike and Lorna Owens), Howard Faul (step-father of Mike Owens), Kris Kelly Welk.

To the members of Trinity,

"Of all the ways that gratitude and thanks can be expressed...the little phrase "God bless you" somehow seems to be the best."

From William Yacoub

SERVING IN WORSHIP IN AUGUST

ALTAR GUILD: Lorraine Kolich and Joan Petersen

READERS	8:00 AM	10:30AM
First Sunday	Martin Halseth	Dennis Lewis
Second Sunday	John Rydell	Bob & Lynn Burtness
Third Sunday	Tom Brooks	Jane Maddalon
Fourth Sunday	Mark & Diana D'Evelyn	Erik Karlson
Fifth Sunday	John West	Peggy Morin

COMMUNION ASSISTANTS

	8:00 AM	10:30 AM
First Sunday	Kim Bish	Barbara Griffith & Betty Lewis
Second Sunday	Kim Bish	Cindie Trieger
Third Sunday	Kim Bish	Rob Anderson
Fourth Sunday	Kim Bish	
Fifth Sunday	Kim Bish	Jane Maddalon

GUEST TABLE

	8:00 AM	10:30 AM
First Sunday		Ron & Dale Oftebro
Second Sunday	Kathy Raschka	Ruthe Anderson
Third Sunday		Nan Burns & Greg Dahlen
Fourth Sunday	Astie & Larry Hammett	Einar Hovind
Fifth Sunday		Marilyn Reginato

JOHN SMITH RETIRES FROM HEAD USHER POSITION

On July 26, John Smith announced that he is stepping down from his position as Trinity's 2nd service head usher.

We owe John a huge debt of gratitude for his years of faithful service. Beyond his visible duties, he has taken care of many behind the scenes duties that have run so smoothly, we haven't always even thought about them.

We plan to thank John publicly for his years of service, but please share your thanks and appreciation with him when you see him!

MEN'S MINISTRY MEETS AUGUST 26 at the home Bennie Olson. Fellowship between 6 and 7 PM, dinner from 7-7:30 PM and Bible Study from 7:30-8:30 PM. All men are welcome to attend any time. Please call Bob Huhn if you have any questions (682-2189).

Don't forget the Wednesday Evening Family Picnics, hosted by members of Grace. The last one is:

- August 19, 5:30 at Tucker's Grove; hosted by Jim & Rita Benz.

The picnics are potluck. You bring your own entree to barbeque (they will have the barbeque going), your own beverages, place settings and utensils, and a dish to share.

**FAITH FORMATION:
From EDUCATION to PROCLAMATION!**

Summer is upon us! This year we are taking a summer break from our Faith Formation classes – see the timing of the last classes below. We hope this summer is a time you can enjoy a respite, and return refreshed in the Fall.

Faith Formation for all ages will resume September 13th, as we celebrate Renewal Sunday and teacher installation.

Blessings!

- - Karen Wilson, TELC Director of Education (kawil001@gmail.com)



**HOLY LAND GATHERING, SATURDAY, AUGUST 29
(TRINITY)**

Pastor Truls and Pastor Russ Gordon are leading a number of gatherings this summer and fall in preparation for the Holy Land Tour (departs November 3). We're enjoying becoming better acquainted with our fellow travelers as we study the geographical areas we'll visit along with corresponding biblical events. At our next gathering (10:00 a.m., Saturday August 29 in Trinity's library) we'll be looking at the Jordan

River Valley. Whether or not you are planning to join the tour, you're very welcome to join us for these gatherings!

HOLY LAND REGISTRATION DEADLINE, AUGUST 5

If you've been leaning toward joining the Holy Land Tour in November, the time to decide is growing short! August 5 is 90 days out from the tour's November 3 departure date; the tour company needs to return unclaimed airline and land tour operator seats at that time. Late registration after August 5 is possible but will depend on whether there are still seats available, and could involve additional fees. For more information and a brochure including the trip's itinerary, please speak with Pastor Truls.



FIESTA FUN!

Fiesta is just around the corner and while it is not a celebration on our church calendar, Trinity has embraced the “spirit of Fiesta” with food and fellowship. This year, thanks again to Bill Redding and his unflagging energy and enthusiasm, we will have a lunch with music (Mariachi Juvenal), and surprises after the second service on Sunday, August 2. We expect festivities to begin about 11:45 AM. (Note – we will have

both the 8 AM and the 10:30 AM services that morning.) Mark your calendar now and plan to attend this special event.

SUPPORT A FAITH-BASED BENEFIT!

The **Santa Barbara Rescue Mission’s 8th Annual Fund Raiser** will be held on Saturday, October 3, 2009, at 2 p.m. at beautiful Rancho Dos Pueblos Let’s get a table of Trinity friends together for this worthwhile event!

- The theme is FUN – **PICNIC ON THE BAYOU** – come casual!
- The price is RIGHT -- \$150 per person
- The food is a **SOUTHERN SUPPER** – delicious down-home cookin’
- The Silent Auction is **TERRIFIC** – rated the best in town!

Enjoy a lovely afternoon and support this Christian organization in its mission to provide assistance to people in need, particularly those struggling with addictions.

To join the **Trinity Table**, contact Kathy Hartnett at 683-1626, Sharon Troll in the church office, or Rebecca Wilson at the Rescue Mission (805) 966 –1316 ext. 105.

Allan Krebs has returned from deployment to Iraq July 18. All 230 in his regiment returned with no major injuries. Thanks to the men of Trinity for your thoughts and prayers for Allan.

Martin Krebs

SEPTEMBER BIRTHDAYS

Erik Oftebro	1	Scott Smith	14
Tyler Dolin	1	Thomas Perez	15
		Colton Johnson	15
Correne Slater	3	Ron Oftebro	15
Bob Phillips	3	Lylah Sanders	15
Emily Onnen	3	Sharon Sanborn	20
	4	Chad Brooks	22
George Kuipers	7	Jeanne Kuipers	23
Jane Maddalon	9	Mike Bailey	23
Dorothy Mundinger	10	Holly Wilson	25
Melinda Vogel	10	Ruthe Anderson	26
Mason Field	12	Daniel Weeks	29
Jean Weeks	13		
Rolf Bennett	14		

SEPTEMBER ANNIVERSARIES

Kevin & Ronda Johnson	1	Jeff & Rebecca Carroll	19
Ernie & Betty Ranum	1	Harold & Lorraine Hockett	20
Michael & Louise Caccese	2	Erik & Kelly Onnen	20
Dan & Romy Reicker	2	Mike & Lorna Owens	22
Marty & Sharron Krebs	4	Eric & Heather Diehl	23
Richard & Christel Schneider	6	Fred & Pat Heidner	25
Philip & Karen Wilson	8	Walt & Karen Lang	25
Alan & Kelsey Schroeder	12	Bob & Judy Dague	26
Dawn Woods & Taka Nomura	13	Ron & Marlys Boehm	28
Ron & Dale Oftebro	13	Eric & Andrea Schenker	30

Please let the office know if there are any additions or corrections to this list.

AUGUST BIRTHDAYS

Siena Okomo	1		
Penelope Carroll	1	Marsha Krebs	19
Dan Moll	2	Marian Chalberg	19
Marty Krebs	2	Cindy Lokre	20
Stephanie Bennett	6	Robbie Glaus	21
Elva Jorgensen	8	Doris Wedman	22
Rosemary Moll	10	Kathy Olson	23
Kristin Tufvesson	13	Greg Hanson	23
Taka Nomura	13	Bernice Bragstad	23
Cindie Trieger	15	Seth Tufvesson	24
Kathy Person	15	Andrea Schenker	25
Kelly Onnen	16	Walt Lang	26
Judi Brooks	16	Bob Herzog	27
		Hal Oquist	29

AUGUST ANNIVERSARIES

Curtis & Hana Anderson	1	Harry & Judy Sims	20
Bruce & Jean Wollenberg	2	John & Gloria Buczek	21
Mark & Mary Ellen Nylén	6	James Davis	
Henry Sarria & Laurie Richardson	7	& Dawn Heimendinger	29
Bill & Sylvia Redding	8	LeRoy & Sherry Hunt	29
Dick & Shirley Landru	19	Ron & Sandi Marotto	30

Please let the office know if there are any additions or corrections to this list.

August Notes in Youth and Family Ministries

Thank you to all of you who have supported us so enthusiastically as we prepared for the ELCA National Youth Gathering in New Orleans, LA. There should be another article right here in the Tidings for more details; be sure to check it out!

Something that occurred to me was the relative ease with which this trip came together. We were able to raise almost \$12,000 in just three fundraisers for a trip we had three years to plan for, and we raised all of the funds in the final eight months! Several conclusions could be drawn from these facts, including an apparent lack of planning on my part (not *exactly* true, and something I'll address some other time in person if you like...) or a notion that this church is from one of the wealthiest cities in one of the wealthiest states in the wealthiest country in the world, and therefore isn't that big a deal.

I choose neither. What occurred to me is that when the youth of this church presented a need for a valid cause, this congregation acted swiftly and positively. This tells me that though it's a struggle to get kids into Sunday morning worship (let's just not kid ourselves on this one, ok?) the church community absolutely cares about providing them with an opportunity to learn, worship, and serve. Thank you for this. I have many colleagues in youth ministry here in town and elsewhere that serve in a church with many more young families, yet they are constantly struggling to find support, whether financial, volunteer, or even someone to talk to.

My exhortation to you is one of perseverance and consistency. You have more time, money, and resources than you think! I dream of a church where I am sharing these great stories not just every three years after a national gathering, or even after every big trip, which is once a year or so, but with a regularity so consistent that it's no secret what God is doing in our thriving joint youth ministry with Christ Lutheran Church of Goleta that launched the formation of our joint SALT venture. Whether in youth ministry or other areas of the church, staff and volunteers have so many great ideas that just might need your hour of time, your \$20, your expert advice, or who knows!

You joined us in changing the world this past month. Please don't wait until next year, next month, or even next week to keep that ball rolling. We are still looking for someone who can host our youth group the night of Sunday, August 9th, from 6-8 PM. Please let me know if you're available.

Stay tuned for midweek events in the Sunday bulletins, through Rich's weekly email, or through Rich's blogs on facebook and myspace!

With the LOVE of Christ (Shalom),
Rich Lashua
Director of Youth and Family Ministries

ALZHEIMER'S WALK

It's time once again to dust off your Faith Walker T shirts and plan for the annual Alzheimer Walk at Chase Palm Park.

For those of you that wish to register online just go to the Alzheimer Association Web site and look for Memory Walk and go to Faith Walkers.

This year the event is on September 11 starting at 4PM. Again there will be prizes, wonderful BBQ and entertainment. I would like the three churches and any friends that wish to join us, to have a big presence at the event. Those red Faith Walkers T shirts do stand out.

As you all know, Alzheimer's continues to be a massive problem with our seniors and over the next 20 years unless a cure or medications slowing down the disease are found, the number of people nationwide will be staggering. As a facilitator of a local Alzheimer's group for caregivers and those with early stage, I can tell you the personal stories are heart wrenching. Your participation and support of this Memory Walk will help for research, local support and continued participation of the Association in our area.

I have some T shirts left from last year and if the demand is great enough I will order more but I need to know very soon to get the order in. Thank you for your continued support and I look forward to a huge turnout this year.

Feel free to contact Joe Wheatly with questions
Home phone 963-5065

Thanks

Membership Musings

Thanks to those of you who share your garden produce at the Gardeners' Exchange Table on Sunday morning. Each week there are new surprises, and Trinity members have learned to take a few minutes to look for something they are able to use. We're now getting apples, plums and tomatoes: can zucchini be far behind? It's gratifying to see congregation members looking for produce they can use, all the while chatting about the progress of their own backyard gardens.

As you know, you are welcome to take anything you like from the Gardeners' Exchange, and there is no obligation. However, we do put out a box for donations, if you decide to drop in a coin or two. We send your donated money down to Grace Lutheran to support its Saturday Food Pantry. Did you know that, with our Gardeners' Exchange donations, we have sent more than \$140.00 to support the Food Pantry in just two months?

In recent years, we have been blessed with a substantial number of new members. In an effort to become better acquainted with all our Trinity folk, the Membership Ministry Team is bringing back a good idea from the past, BREAD BREAKERS. This 2009 version will be more flexible than the small dinner groups of the 1990's, with varied dates and hours, flexible grouping of participants, and opportunities for afternoon brunch groups as well as evening dinner groups. Here's how we'll get started:

On the last Sunday of August (the 30th) and September 6, you will find sign-up sheets on the patio, describing various dates, times and locations for the first BREAD BREAKERS gatherings for the month of September. If you choose to participate and sign up, you will be contacted by the host family, and will be asked to bring a side-dish to complement the main dish (prepared by the host/hostess) for the brunch or dinner. On the selected date, you will join a small group (6 to 8 people) of Trinity members at the home of the host/hostess and enjoy a

meal and old-fashioned fellowship.

BREAD BREAKERS groups are scheduled to meet every second month. Thus, the first gathering will be in September, the second in November, the third round in January, and so forth. On every occasion, you will meet new Trinity diners in the home of a different host/hostess. It promises to be a great way to “connect” with fellow Trinity members.

For details about BREAD BREAKERS, speak to any of our eight Membership Ministry Team people on the patio Sunday morning. You know who they are: Dale, Dorothy, Kathy, Astie, Betty Lou, Karen Anderson, Truls or Dennis. We’ll be glad to answer your questions.

Our Trinity community grows stronger as we become better acquainted with one another.

We hope you’ll give BREAD BREAKERS a try.

BREAD BREAKERS sign-ups: August 30 and September 6.



YOUNG ADULT PICNIC, 5:00 P.M., SUNDAY, AUGUST 9

Are you in the 20 to 30-something age range? Pastor Truls and Kathy admit to being beyond it, but they want to invite you to join other young adults for a picnic on their patio at 5:00 p.m., Sunday, August 9. Their address is 3995 Primavera Road (only 1 mile from church). Please e-mail Kathy, kathy.person@gmail.com, or call Pastor Truls at 687-1577 if you can attend. Also, please tell Pastor Truls or Kathy if you know of someone who might like a

personal invitation.

The Arts Outlet: Are You Plugged In?

Donkey Talk Productions, founded by TELCSB's Rich Lashua and drama team-in-residence, has teamed up with Fusion Dance Company of Santa Barbara, also under Christian ownership, to provide a one week performing arts camp! The camp will be at Trinity's fellowship hall Monday-Friday, August 10-14, from 9AM-2PM. The camp will be offering classes in modern dance, hip hop/jazz, mime/rhythm of stage, and acting basics. All ages are welcome! Classes are \$15 each, \$50 for a whole day, or \$200 for the whole week. Even if you do not take the classes, all members of Trinity Evangelical Lutheran Church are invited to a showcase we will be hosting at 1PM in the Fellowship Hall on Friday, August 14. Contact Rich for more details!

MENS'S ADVANCE

September 25 – 27, El Camino Pines

I invite you join Pastor Truls and men from Trinity to see what happens when the Men of many Synod congregations, *Men of Action*, join forces. The purpose of this year's advance is to

- study and be strengthened by God's Word
- explore practical ways to serve one another & our neighbors
- experience the 3 "f's" of the Men's Advance: Fellowship, Fun, and Food!

Leading us on our weekend adventure and sending us back into our world with vision and resolve for mission is Pastor Brian Eklund. Pastor Brian is currently director of New City Parish in Los Angeles, a forerunner of SALT. He will be drawing on more than 32 year of ministry experience, seeking justice for all people, loving with God's great mercy and walking humbly with God's people to serve one another and our neighbors.

Pick up a registration form and sign-up at the Hub. Register before September 1 to receive the reduced rate. We will car pool to El Camino Pines. For more information talk to Bob Huhn, 682-2189 or email bob1huhn@cox.net

One Tomato Plant
by Pastor Louise Stromberg



This year I bought one tomato plant so that I could have a few small tomatoes for a salad each week. I expected to pick about a half a dozen a week at most. By the time I remembered to purchase a tomato rack, my plant had grown rather large. So I put the plant around the rack as best I could. Buds were already forming into little tomatoes. The plant continued to grow and I waited expectantly for the sweet, red fruit to ripen.

The first time I went to pick the ripe tomatoes I brought a small bowl. By the end the bowl was filled and overflowing. I took a small zip lock bag of tomatoes to work to share. I went out to pick about a week later and had enough to fill a mixing bowl. I took three bags to work to share.

Not even a week later, I picked two mixing bowls full. This time I brought an ice cream container of sweet, red fruit to share. My tomato plant continued to bear an abundance of tomatoes throughout the season. As I thought about my expectations and the reality of the harvest, I realized that this was a wonderful example of God's abundant blessings. God gave far beyond my hopes. The more I shared the tomatoes with others, the more this plant seemed to produce.

How is this abundance similar to God's love? The more we share God's love and blessings, the more God gives us to share. Whether we share a witness to God's love for us or gifts of material wealth, God blesses all that we share. God never forgets to shower us with continued love and gifts that sustain us and our existence on this earth.

Pastor Louise Stromberg is a pastor at Cross of Christ Lutheran Church in Houston, Minnesota. This reflection has been reprinted with her permission.

ELCA National High School Gathering in New Orleans!

As I write this, I have just come home from our five day trip to Louisiana and back, and though it is nearly one in the morning, I feel I could go on at great length about all we did and saw while we were there. For now, I will say that if the Tidings gets out in time, please come join us in worship Sunday, August 2nd, as we will be sharing during both services, hopefully with a power point presentation of the pictures we took while we were there.

Over the course of this week, our students ate authentic Cajun food (including alligator and frogs' legs, among other things!), danced to a band whose instruments included a little girl with a washboard around her neck and a man with a pair of spoons, participated in spiritual workshops and role-playing exercises to stretch themselves into new territory, saw an IMAX film on the differences in New Orleans before and after Hurricane Katrina, and painted the halls of an elementary school that had been under 15 feet of water.

We served, learned, and worshipped with over 37,000 other Lutheran youth and adult leaders (you haven't truly been in a worship service until you can do "the wave" between songs, at the direct instruction of Bishop Mark Hansen!), and enjoyed poignant, vulnerable times of Bible study and self-reflection, silly late night moments, card games while waiting in line, and so much more.

We couldn't have done it without your financial support and prayers. Thank you for helping me change these kids' lives, and in turn enabling them to change the world.

Peace,
Rich Lashua
Director of Youth and Family Ministries

Healthful News

Sharon Sharon Troll RN Parish Nurse



"God is our refuge and strength, a very present help in trouble."

The recent Santa Barbara Jesusita Fire affected over 30,000 people in our community. The damage inflicted by four recent fires reminds us that disaster can strike at any time and that being prepared at all times is our best defense. The church has a unique role in the community during a disaster. As a compassionate *servant* the religious community can help meet relief needs.

As a *comforter* the church community can renew each other providing opportunities for stories, by listening, caring, and walking with one another. In addition identifying those that may need assistance during a disaster is critical. These include individuals with vision impairments, mobility problems, hearing deficits, memory impairments, recent hospitalization, hospice clients, those with no transportation, living alone in town with no family support, to name a few. Your help is appreciated in identifying those that may require assistance in the event of another disaster. Please feel free to leave Sharon a message at ext. 103 at the church.

As an *advocate* the church can respond to the needs of individuals and as your Parish Nurse I want to make sure our faith community receives the services and or aid they may need.

Lastly and most importantly, the church community *offers hope*. If prayer is like a telephone call to heaven I believe God was receiving a lot of 911 calls during the recent fire. When we pray, mighty acts are released. Prayer makes a difference and causes things to happen in our work, our relationships, our home, our church, our community and in our world.

Join First Place For Health this fall.

This is a healthy program which offers solutions for physical, emotional, mental, and spiritual needs especially in the area of *health and weight loss*. Sign up in at the Welcome Center and list the day and time that will work best for you this fall. Program will meet once a week and will start about mid-September. For more information call Sharon in the church office.

Wheelchairs available on Sundays

If you or a loved one are in need of a wheelchair for use while at worship on Sundays please see an usher. Also, if you are in need of borrowing a motorized wheelchair, contact Sharon in the church office.

Fast Food & Fun

Go NUTS with NUTS.....

They contain unsaturated fat, omega –three fatty acids, fiber, vit. E, plant sterols, and l-arginine. A 1 oz serving of nuts contains between 160 and 200 calories, most of which come from the heart-healthy, monounsaturated fat. The size of a 1 oz serving of nuts also varies depending on the type of nut. That's about 47 shelled pistachios, 30 peanuts, 24 almonds, 20 pecan halves or hazelnuts, and 14 walnut halves.

SAVE THE DATE: SEPT 6TH, SINGLE SERVICE AT 9:30am:

On Sunday, September 6th, Bishop Nelson will commission and install Karen Wilson as Trinity's first Associate in Ministry!

Please join us for the single service at 9:30am, filled with special music and for a luncheon in the fellowship hall, following worship.

OPPORTUNITY TO LEARN HEBREW

Have you been interested in learning Hebrew, but didn't know where to go? Here's your chance!

Gil Ramot, of Ventura, has offered to teach Hebrew to Trinity members. Gil writes: "I am 36 years old and although I was born and raised in Israel, my wife and I currently live in Ventura. I have a B.A. in Political Science and Sociology, a Teaching Certificate from Bar Ilan University in Israel, and a MSW from Spalding University, KY. I love teaching Hebrew and write and teach Hebrew courses for adults and children. The titles of my current classes are, "Learn How to Read and Write in Hebrew," and "Conversational Hebrew for Adults and Children." My fee for private tutoring is \$36 per hour and I will make a donation for every new student. My fee for a class is \$10 per hour for a student (minimum of 4 students). If Trinity Lutheran chooses a package of 10 lessons, 1 lesson will be free for TLC students, and I will also make a donation of \$18 to a Jewish, Israeli, or to Trinity Lutheran Church. I can teach at a private home or in your church, Monday through Friday."

If you are interested in a class of 10 lessons for \$90, please contact me directly (kawil001@gmail.com or call me at home: 845-4313). When we have a minimum of 4 students, I will contact Gil directly. I also plan to bring this opportunity to the SALT leadership to see if there is interest from Christ and Grace, as well.

- Karen Wilson, AiM, Director of Faith Formation

SNEAK PEEK AT TRINITY'S FALL ADULT FAITH FORMATION

What makes a disciple? Who are we disciples of? Are we disciples of more than one cause, and if so, how do we know which is our primary? Does being a disciple of Christ come with a job description? And anyway, what does it matter? In this age of pluralism, is God relevant? Is Christ?

Starting Sept 13th, Renewal Sunday, we will take up the question of what it means to be called by God through baptism to be God's child and disciple. Through mid-October we will explore: What do the gospels teach us of Christ's expectations of his disciples? Is there a job description to being a disciple, and if so, what is it? When does it apply, and who does it apply to? And what happens when we fail - do we get the boot?

From mid-October to mid-November we will look at Martin Luther's treatise, "Freedom of a Christian." How did Luther interpret Paul's understanding of a disciple? Does this interpretation square with Peter's expectations, and with those written in the gospels?

What do we celebrate, and what doesn't sit well with us in 2009?

Finally, during the season Advent, we will explore our proclamation of Christ within a world preaching the irrelevance of boundaries. What does it mean to celebrate the Christ's birth? Is Christ God's only path? Does Christ even matter anymore? What about those who proclaim their belief in God but reject Christ? What then?

Plan now to carve space out of your Sunday mornings and join us at 9:15am in the Fellowship Hall, as we return refreshed from our summer break ready once again to be renewed and challenged by God's redeeming Word.

In Christ, Karen Wilson, AiM, Director of Faith Formation

