

TRINITY.....

WE CONGRATULATE

Roy Fuentes has been selected to serve on the Board of Directors of the *Santa Barbara Education Foundation*. The SBEF, through “Keep the Beat”, helps with music and instrument funding in the public schools.

WE KEEP IN OUR PRAYERS:

The following are people for whom prayer has been requested in the past month.

The Zamora family, Joele Ruppert, Bernice Bragstad, Ernie Ranum, Jean Appel, Helen Seyfried, Lynn Burtness, Daniel Utera, Verna Kelly, Hunter Gough, Ev & Marilyn Nielsen, Judy Conrad, Lydia Perez.

Notes to Trinity

It was great to have the support of my church before, during and after my hip surgery. Pastor and Sharon Troll personally conveyed that support and it is appreciated. Since then I have had issues with a mild stroke and very low blood pressure, so I will continue to need your prayers.

Jean Appel

We would like to thank the disciples of Christ at Trinity for your gifts and greetings at Christmas, and especially for the Staff Appreciation present. May your new year be filled with an acute awareness of God’s presence among us.

Bruce Wollenberg, Cindie Trieger, Rich Lashua, Sharon Troll, Philip Wilson, Betty Ahlgren, Sarah Kreitzer, Holly Finley, Phillip Rogers, Mary Lopez and Dolores Soto.

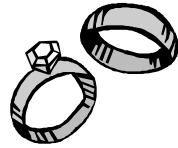
JANUARY ANNIVERSARIES



John & Anita Peca	7	Mike & Ann Cavalli	25
Rich & Andrea Lashua	14	Dennis & Betty Lewis	29
Mark & Trudy Allen	19	Rami & Cindy Courtney	30
Melvin & Betty Gilmour	20	John & Chris Morrisset	31

Please call the office with any corrections or additions to this list.

FEBRUARY ANNIVERSARIES



Bob & Kathy Dolin	5	Jim & Dee Field	21
Rolf & Stephanie Bennett	20	Al & Dolores Hartnett	28
Gaylord & Mary Hanson	20		

Please call the office with any corrections or additions to this list.



READING IN WORSHIP IN JANUARY



ALTAR GUILD: Betty Lewis, Martha Santrizos, Shirley Landru,
Nancy Sittig, Helen Rydell, Chris Olson, Astrid Johansson

READERS

8:00 AM

10:15 AM

First Sunday
Second Sunday
Third Sunday
Fourth Sunday

Laurie Richardson & Henry Sarria
Chally Chalberg

Brittany Bailey

Glenn & Bernice Bragstad
Joan Petersen
Linda Karppinen
Jane Maddalon

COMMUNION ASSISTANTS

8:00 AM

10:15 AM

First Sunday
Second Sunday

Third Sunday

Fourth Sunday

Austin & Brandon Malde-Zoradi
Anjali Daniels, Brittany Bailey

Katie & Kristin Boehm

Mason Field, Austin Lokre

Andrea & Rich Lashua
Natalie Nomura, Lorena
Moore Karppinen
Thomas Perez, Nathan
Tufvesson
Jack Trieger

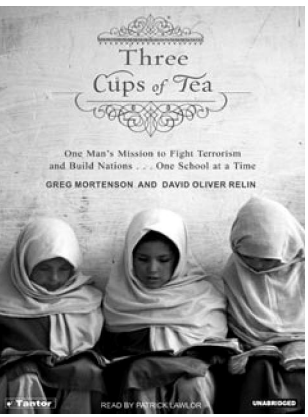
GUEST TABLE

First Sunday
Second Sunday
Third Sunday
Fourth Sunday

10:15 AM

Marty Appel
Ron & Dale Oftebro
Ruthe Anderson
Kathy Raschka

Book Binders has selected *Three Cups of Tea: One Man's Mission to Promote Peace...One School at a Time* by Greg Mortenson and David Oliver as the book that will be discussed at the next book club meeting. Here is a little information about the book:



“Here (in Pakistan and Afghanistan), we drink three cups of tea to do business; the first you are a stranger, the second you become a friend, and the third, you join our family and for our family we are prepared to do anything – even die.” **Haji Ali**, Korpe Village Chief, Karakoram Mountains, Pakistan.

This is the inspiring account of one man's campaign to build schools in the most dangerous, remote, and anti-American reaches of Asia. In 1993 a mountaineer named Greg Mortenson drifted into an impoverished Pakistan village in the Karakoram Mountains after a failed attempt to climb K2. Moved by the inhabitants' kindness, he promised to return and build a school. *Three Cups of Tea* is the story of that promise and its extraordinary outcome.

If you have never attended our book club meeting before, or have come just a few times, this may be the time to come.

The meeting date is January 13 at 4:00 PM in the Fireside Room at Trinity and we have invited women from Grace and Christ to attend as well. Light refreshments will be served. Please RSVP to Cindie Trieger in the church office @687-1577 or telcsb@aol.com by January 10.



Please continue to recycle your ink cartridges. It's good for the environment and it brings a little extra money into Trinity's bank account. You can drop your cartridges into the mail slot by the office door or leave them in the basket in the narthex. By the way...Trinity was the first account to sign up for the **Empties For Cash** recycling program several years ago. They now have several thousand accounts. I guess you could say that **“We're # 1!”**

OOD FROM THE HEART

Trinity Evangelical Lutheran Church is pleased to announce to our congregation that *Food From the Heart* will be using our kitchen as the headquarters for their weekly preparation of food for people in the Santa Barbara community who are going through crisis.

Started in 1994 by **Evelyn Jacob** in response to the need of those in our community living with HIV/AIDS and taken over by **Robin Monroe** in 1999, *Food From the Heart* has continued to expand, serving people in crisis because of illness or under care of Hospice. Both Evelyn and Robin have been chosen as Independent Newspaper's Local Heroes of Santa Barbara for their work with *Food From the heart*.

The simple idea is to deliver a weekly offering of good, wholesome food made with love and dedication by a group of loyal volunteers for no charge. This is how a small town community traditionally would have taken care of its neighbors and friends in times of need.

Food From the Heart's hot meals program is unique because it provides high quality, professionally prepared food made from the best ingredients possible. Freshness, visual appeal, taste and nutrition are foremost in their menu planning.

Because many of their clients have diminished appetites, *Food From the Heart* strives to enhance the appearance, aroma, and flavor of the food that they provide and they are careful to choose ingredients specifically known for high nutritional benefits.

If you'd like to learn more about the organization, please visit www.foodfromtheheart.com.

The congregation is invited to meet the volunteer members of *Food From the Heart* and are very welcome to come cook with them every Wednesday from 8 am until 2 pm, beginning January 9, 2008



The St. Olaf Choir is coming soon. Save the date of Wednesday, February 6, 2008 for the St. Olaf Choir Concert. This world renowned choir will be back in Santa Barbara as part of their West Coast Tour. The concert will be held at First Presbyterian Church beginning at 8:00 PM. Tickets are \$30 for adults and \$15 for students. You may purchase tickets online at www.stolaftickets.com or by calling 800 363-5487. The concert will sell out so get your tickets in advance. Pick up a card with the information at the Welcome Center. Ash Wednesday worship, also February 6 will be at Christ in Goleta at 6:30 PM

We are looking for housing for choir members. Hosts will receive two free tickets for housing two students (they must be housed in pairs). Students will be picked up after the concert and returned to the church the next morning. Please sign up at the Welcome Center. Ask housing coordinators Dorothy Burkhardt or Karen Anderson for details.

November budget figures:

- November Income: \$32,490.15
- November Expenses: \$42,767.55
- YTD Income: \$166,779.59
- YTD Expenses: \$178,634.18

What's up with the Prayer of the Day? Some wonder why the Prayer of the Day is spoken by the pastor and not the whole congregation. This is not a matter of great moment, but historically, this prayer has been called the "collect." The presiding minister gathers the thoughts of the congregation and offers them to God on their behalf.

Are you interested in becoming a SMALL GROUP LEADER?



We welcome you to join the leadership of this expanding ministry. Training for the next session will be on Thursdays, January 10, 17 and 24 from 6:30-8:30 PM in the Fireside Room. Call the church office if you are interested.

Are you interested in being a SMALL GROUP PARTICIPANT? The winter session will begin the week of January 27 and will run through the week of March 2. Sign-ups will be on Sundays this month, or you can call the church office for more information.

Trinity members attending Little Angels Preschool or college receive scholarships each year from Trinity's Endowment Ministries. On December 23, Little Angels

Preschool scholarship recipients passed out candy canes to thank the congregation and those who contribute to Endowment Ministry in 2007.



The congregation established the Endowment Ministries Fund in 1980 in order to enhance the outreach efforts of the congregation. Established in 1999 within Endowment Ministries Fund is the Scholarship Fund. This fund's purpose is to further the congregation's Christian outreach by fostering continued Christian development of qualified TELC members in their pre-k and post secondary education.

The Scholarship Fund is not an endowed fund and may be reduced or terminated at any time. The Endowment Ministry is funded by separate contributions and not from TELC's general contributions. When you are contemplating future giving, please consider the Endowment Ministry's General and Scholarship Funds.



Save the date...Senior Luncheon on February 14. Save your photos from Christmas. More information will follow.

Sharon Troll, our Parish Nurse, will be out of town from January 10th to 23rd.
Please contact Pastor Wollenberg in the church office during her absence.

January Notes in Youth and Family Ministries

Last month I talked about the importance of faith formation at home, and how what you do the OTHER six days of the week, regardless of how often you attend worship services, is where it all REALLY begins. In that spirit, here are some reminder notes:

Maybe Sunday morning is legitimately a bad time for your family to focus on God; but be prepared to offset that time elsewhere in your schedule. I guarantee that five or ten minutes every day for six days will have more of a cumulative impact than one hour on Sunday morning. Snag a bulletin (even if it's from last week, or the last time you were at church) and read one of the prayers every night before dinner together. Break down the Apostles' Creed into smaller chunks and talk about it a little bit each day on the way to school, over a meal, or before going to bed at night.

If all that is too much, dear reader, make time to come to church, or even give me a call or an email (kidzndrumz@aol.com) and we'll talk about ways to get that faith journey moving at home. Here's why it's important:

"I'll bring my children when they're old enough," many parents promise, not quite clear when that age will be. Any age is an appropriate age to join the church, but for parents there may be no age when bringing children to worship is an easy task. But what it comes down to is a pair of rock solid truths: Children Need the Church and the Church Needs Children.

Why do children need the church?

-It provides an alternative to the fast-paced, materialist culture that surrounds us. In commercials on TV, video games, movies- the message is entertainment, always bigger and better. Yet life's gifts are so much more. As human beings we are meant to be more than audiences and consumers, and the church is where that message is.

Why does the church need children?

-Children serve as reminders of grace. We all receive Christ's presence as a gift, not because we are worthy...or well-behaved, mature, etc.

I'll continue to explore this dual-truth in months to come. In the meantime, bring Jesus home with you this month. He's DYING to hang out with you!

Shalom,
Rich Lashua
Director of Christian Education/Youth and Family Ministries



Parish Nurse Sunday January 6, 2008

Email: strollrn@aol.com
 Office Hours: Mondays
 Or call for appointment

Heart Fair January 26th Cottage Hospital

Step by Step We Walk Into the New Year!

Which song to sing in the New Year? How about.... “Walk On By,” by Dionne Warwick, “These Boots Are Made For Walkin,” by Nancy Sinatra, “I Walk the Line,” by Johnny Cash,” “Keep Walkin On,” by Faith Hill, “Walk On,” by U2, or “Walk Tall,” by John Mellencamp. If I could write a song it would be entitled “Just Walk.” Your heart will love you, your mind will be energized, your metabolism will be charged, your blood pressure and weight will improve, the pain of your arthritis will be relieved, you’ll be building stronger bones and muscles for fitness and balance.....maybe instead of writing I should sing “Just Walk.” No fancy Nike outfit needed, just strap on a pedometer, lace up (or Velcro)- a pair of tennis shoes, put on some sunscreen, a hat, sunglasses and away you go. The scent of the fresh air, the sun on your body, maybe a dog by your side.....and away we go. A basic pedometer is all you need. Forget the fancy ones they’ll just confuse you. Line it up above your hip bone then test it by taking 10-20 steps to see if it records. You may have to adjust its position a bit until it does record. Now I’ve heard all kinds of excuses and if you’re looking for a way to be healthier in 2008 this is it. Let me share with you that by becoming more active you can walk your way into weight loss..... see how easy it becomes by taking a few more steps each day. There is no counting carbs, fats or calories at this point it’s all about moving. Even if you are sedentary, counting your steps will help you see how you can improve on a daily basis. You don’t need to be a marathon runner in 2008, just a walker....walk to your car, invite a friend to walk, take a walk break for lunch, walk to the neighbor’s house instead of calling, walk from your television to the front door at commercials (not to the refrigerator), walk to the corner everyday just to get out of the house, or walk a neighbor’s dog. You may say you don’t have 30 minutes a day to walk and I say you don’t have to do the steps all at once. They can be spaced out throughout the day.

dogpedometer
 Records minutes and steps of your dogs daily activity
 Just like us, dogs need over 10,000 steps (30-60 minutes of activity) everyday...
 Free dog-a-log
 Members Price: \$17.95 Non Members Price: \$19.95



January 6th I'll have pedometers available for purchase for \$10 from Cottage Hospital. This is a real deal since they are normally \$20. They are simple to operate and easy to read. In addition there will be a chart for you to record your steps. For your information, on average 2,000 steps equals about one mile. Most sedentary people move only between 2-3000 steps a day. Steps between 8-10,000 promote weight loss. So are you ready to start walkin? Let me share a few verses from the lyrics from "Keep Walkin On," from Faith Hill to further inspire you. After all Jesus did do a lot of walkin!

Sharon Troll
Parish Nurse

Keep Walkin On

Well Jesus walked on water, Peter walked on it too
God gave you the power to do what you cannot do
Every road we travel He's traveled down before
There ain't no need to worry where it leads to anymore
I'm walkin on, I'm walkin on, I'm walkin on
I'm walkin on, I'm walkin on, I'm walkin on



Well the road is narrow and it's straight
But it leads right up to the Golden Gate
It may be rough it may be long
But I don't have to walk alone
Step by step and day by day
He takes my hand and I hear Him say
Keep walkin on , gotta keep walkin' on
Oh, keep walkin' on, oh keep walkin' on

Call Committee Chronicle

The Call Committee has resumed their task of searching for and recommending a new pastor. Six out of eight members have committed to continue serving with the two others as probable. I will continue as chair.

The committee met on Sunday, December 9 and also met with the church council and our synod bishop, Dean Nelson on December 11. The synod has gone to work for us, already sending out our congregational profile to 4 potential pastors. If these pastors are interested their resumes will be forwarded to the Call Committee for review.

Members of our congregation previously identified several candidates, all of whom were considered. We again reach out to the congregation for names of potential candidates. Feel free to call me or e-mail me with names.

We move forward with reassurance that the Lord is in control and he has a plan for us.

Bob Huhn,
Call Committee Chair

December Transition House. On December 17 Trinity served dinner at Transition House to 22 adults and 40 children. The menu included tamale pie, green salad, corn chips and ice cream sandwiches. We also made lunches for the residents for the following day. We thank those who provided food: **Martin Halseth, Jean Wollenberg, Dorothy Burkhart, Cindie Trieger, Betty Lewis, Nan Burns, Trudy Allen, Nancy Sittig, Kathy Olson, and June Bruse.** Thanks also to those who came and made lunches and helped serve the meal: **Jean Wollenberg, Laurie Richardson and Henry Sarria.**



Trinity has provided one meal a month at Transition House for many years and we always feel greatly appreciated by the residents and staff. The sign up sheet to help provide food in January is at the Welcome Center.

June Bruse,
December coordinator

ch, Santa Barbara Interim Pastor's Report
December, 2007

1. As near as I can tell, the congregation's response to the pastoral call disappointment has been muted. There is a feeling of being let down, of course, but also a sense of the Holy Spirit's continued presence. "God has someone in mind for us," I've heard more than once.

The call committee will continue almost intact, considering CVs from the synod office; it is also open to suggestions from parishioners.

I have met with Bishop Nelson and the executive committee and I perceive my role now as emphasizing healing and coming together as God's people in unity, trust and hope. The pastoral aspect of my call will predominate over the prophetic, without completely dissolving it.

I have written a letter (rather than using email) to each member of the call committee, acknowledging their pain and disappointment, thanking them for their hard work and offering to meet with them singly or as a group. They certainly bear no "blame" for how things turned out.

2. On Advent I the font was filled with water. Small bluish-tint marbles lay at the bottom. Worshipers came forward, signed themselves and family members with a wet cross and left with a marble with which to remember their baptism.

Advent I was also Loose Change Sunday. With a Thrivent match, we made \$476 for the ELCA World Hunger Appeal...although an additional batch of coins has yet to be counted.

3. I made several pastoral calls, with and without the parish nurse, on members and non-members.
4. I pulled a couple of shifts at the Tree Lot. Happily, we sold all 650 trees. A report on total profit is pending.
5. I met with the endowment committee 12/16.
6. I "set a spell" 12/11 on the sidewalk in front of Grace Church on State Street. A sign offered "Free Prayer, Free Blessing, No Obligation." I spoke and prayed with four people, and I plan to do this regularly. This is the church following St. Paul into the agora.
7. I offered a prayer at the Little Angels Preschool Xmass program 12/14.
8. Jean and I hosted a staff dinner at our home 12/21.
9. The total for the Mount of Olives Housing Project stands at \$1690.
10. The attendance at our two Xmass Eve services seemed to be fairly decent. The choir and instrumentalists were splendid.

(This is the monthly report I send to Bishop Nelson and the church council. B.W.)

SANCTUARY

Immigration policy has been a vexed issue in this country for some time now. It has certainly been front and center in debates among presidential aspirants. Now the churches are beginning to respond out of their theological heritage and history.

Two congregations of our Southwest California Synod have identified themselves as sanctuary churches, decisions firmly backed by Bishop Dean Nelson and the Synod Council.

You may remember back twenty or so years when sanctuary churches were sheltering refugees from civil wars in Central America. At that time the US generally supported repressive oligarchic rulers over the legitimate desperation of the poor. Even today, El Salvador, as an example, is controlled by a handful of rich families.

A key text is Leviticus 19:33-34. “When an alien lives with you in your land, do not mistreat him. The alien living with you must be treated as one of your native born. Love him as yourself for you were aliens in Egypt.” In another, Acts 5:29, Peter declares “We must obey God rather than any human authority.” Civil disobedience has always been an option for Christian faithfulness. Think of where we would be as a nation today had not Rosa Parks, Fannie Lou Hamer and a host of others been willing to act on the basis of a law higher than the legal statutes then in effect.

It is routinely pointed out that ours is a nation of immigrants whom Emma Lazarus called “your tired, your poor, the wretched refuse of your teeming shore.” Indeed, ours is a church of immigrants. It was only in the earthquake year 1925 that Trinity made a seismic change from Norwegian to English. Really, when has America *not* had an “immigrant problem”?

This problem of our time must be solved. But, writes Bishop Nelson, “it will not be solved either by enacting new laws formulated on the basis of fear, or by enforcing current laws motivated by prejudice and racism.”

Lord, you have been our dwelling place in every generation.

Bruce Wollenberg