

TRINITY.....

WE CONGRATULATE

Karen Anderson has been honored by the Santa Barbara Arthritis Foundation with the Progress in Policy Award. Karen joined the foundation about 11 years ago and has “tirelessly fought for positive change through government action and the Arthritis Foundation is thrilled to be able to honor her with this award.”

WE MOURN WITH

Beverly Staples and family at the death of her father Roger. Roger passed away on January 15. A memorial service was held for Roger at the Samarkand Chapel on January 19.

Debbie Lassere and family at the death of her brother Jeff Stangland in North Dakota.

Jean Weeks and family at the death of her father in Iowa at the age of 95.

Zamora family at the death of Jeffrey in Santa Barbara.

Virginia Gough and family at the death of Hunter in Santa Barbara.

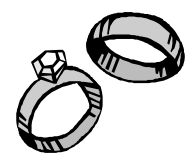
Carla Church and family at the death of brother Tom.

WE KEEP IN OUR PRAYERS:

The following are people for whom prayer has been requested in the past month.

Bernice Bragstad, Ernie Ranum, Jean Appel, Lynn Burtness, Daniel Utera, Verna Kelly, Lois Hoefler, Hilmer and Betty Jensrud, Bonnie Wallace, Aase Running.

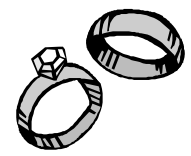
FEBRUARY ANNIVERSARIES



Bob & Kathy Dolin	5	Jim & Dee Field	21
Rolf & Stephanie Bennett	20	Al & Dolores Hartnett	28
Gaylord & Mary Hanson	20		

Please call the office with any corrections or additions to this list.

MARCH ANNIVERSARIES



Leif Ourston & Kathy Raschka	6	Norman & Joanne Tveidt	20
Richard & Nancy Graham	7	Gary & June Brusse	21
John & Helen Rydell	9	Jerry & Barbara Griffith	21
Richard & Carol Rodseth	12	Steven & Anna Tetherow	21
Ken & Margaret Siegele	16	Rick & Carla Church	25
Robert & Jane Atwater	17		

Please call the office with any corrections or additions to this list.



SERVING IN WORSHIP IN FEBRUARY

ALTAR GUILD: Beulah Bradley, Joan Petersen and Shirley Landru

READERS

8:00 AM

10:15 AM

First Sunday

Laurie Richardson & Henry Sarria

Joan Petersen

Second Sunday

Chally Chalberg

Dennis Lewis

Third Sunday

Laurie & Henry

Dorothy Burkhart

Fourth Sunday

Lisa & Anjali Daniels

Ruth Bloch

COMMUNION ASSISTANTS

8:00 AM

10:15 AM

First Sunday

Austin & Brandon Malde-Zoradi

Lorena Moore-Karppinen

Second Sunday

Anjali Daniels, Brittany Bailey

Thomas Perez, Nathan

Third Sunday

Katie & Kristin Boehm

Tufvesson
Jack Trieger

Fourth Sunday

Mason Field, Austin Lokre

Lorena Moore-Karppinen

GUEST TABLE

10:15 AM

First Sunday

Nan Burns & Greg Dahlen

Second Sunday

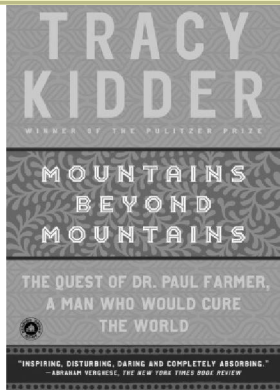
Einar Hovind

Third Sunday

Marilyn Reginato

Fourth Sunday

Dennis & Betty Lewis



Binders has selected *Mountains Beyond Mountains* by Tracy Kidder. The back cover of the books reads “In medical school, Paul Farmer found his life’s calling: to cure infectious diseases and to bring the lifesaving tools of modern medicine to those who need them most. Tracy Kidder’s magnificent account shows how one person can make a difference in solving global health problems through a clear-eyed understanding of the interaction of politics, wealth, social systems and disease. Profound and powerful, *Mountains Beyond Mountains* takes us from Harvard to Haiti, Peru, Cuba, and Russia as Farmer changes people’s minds through his dedication to the philosophy that “the only real nation is humanity.”

Bookbinders will meet on Sunday, February 10 at 4:00 PM in the Fireside Room. No need to sign up, just come. Light refreshments will be served. All women are welcome!



Thank you to Dorothy Burkhart for coordinating the January Transition House dinner. Pot Roast, baked potatoes, green salad and chocolate cake was served to the residents that evening. Thanks also to food and cash donors: **Joanne Tveidt, Jean Wollenberg, Jack and Cindie Trieger, Marilyn Reginato, Sylvia Redding, Jane Maddalon, Martin Halseth, Judy Sims, June Brusse and Ellen Ahlers.** Our faithful servers that evening were **Henry Sarria, Laurie Richardson,**

Martin Halseth, Jean Wollenberg and a friend of Dorothy’s.

Henry Sarria and Laurie Richardson will be the coordinators of February’s dinner. They are asking for cash donations so they can treat the Transition House residents to a meal from Panda Express. Please make your checks out to Trinity and write “Transition House dinner” in the memo line.

FOOD FROM THE HEART

Trinity Evangelical Lutheran Church is pleased to announce to our congregation that *Food From the Heart* will be using our kitchen as the headquarters for their weekly preparation of food for people in the Santa Barbara community who are going through crisis.

Started in 1994 by **Evelyn Jacob** in response to the need of those in our community living with HIV/AIDS and taken over by **Robin Monroe** in 1999, *Food From the Heart* has continued to expand, serving people in crisis because of illness or under care of Hospice. Both Evelyn and Robin have been chosen as Independent Newspaper's Local Heroes of Santa Barbara for their work with *Food From the Heart*.

The simple idea is to deliver a weekly offering of good, wholesome food made with love and dedication by a group of loyal volunteers for no charge. This is how a small town community traditionally would have taken care of its neighbors and friends in times of need.

Food From the Heart's hot meals program is unique because it provides high quality, professionally prepared food made from the best ingredients possible. Freshness, visual appeal, taste and nutrition are foremost in their menu planning.

Because many of their clients have diminished appetites, *Food From the Heart* strives to enhance the appearance, aroma, and flavor of the food that they provide and they are careful to choose ingredients specifically known for high nutritional benefits.

If you'd like to learn more about the organization, please visit www.foodfromtheheart.com.

The congregation is invited to meet the volunteer members of *Food From the Heart* and are very welcome to come cook with them every Wednesday from 8 am until 2 pm.

TRINITY IS CROSSING INTO NEW LIFE!

PLEASE CHECK OUT OUR NEW TRINITY WEBSITE @ www.telcsb.org!

It represents a new way to look at our church, our ministries and our people. Many of the items that you currently receive by mail or email are now consolidated here including *The Tidings*, Pastor's weekly devotions, and Rich's youth and family updates. Karen Wilson will soon be adding links for resources for children's educational ministry. There are photos of our members at church and at various special occasions (you may notice more cameras flashing!) and also notices of upcoming events. In the near future, Phil Wilson will be making recordings of the worship services (currently on audiotape) available via the website. To stay in touch with the larger Lutheran church body, you can easily access the ELCA link for news and resources.

This is not a static ad, but a dynamic communication tool, one that we hope will draw us closer as a community. I update information weekly. CHECK OUT THE SITE REGULARLY FOR UPDATED INFORMATION AND PHOTOS. Of course, as a MISSIONAL CHURCH we hope that it will also serve as a means to draw others outside Trinity to us and our ministries.

I was pleased and grateful to be able to share my vision for the Trinity website and be co-creator of it with my good college friend, Mary Reichenbach, a very talented and experienced web designer. I'm sure that you will appreciate the fact that she has been very generous to Trinity with minimal charges for all of her work. If you have any questions or suggestions regarding the website, please feel free to contact me @ 969-0744 or malde@westmont.edu.

TRINITY IS CROSSING INTO NEW LIFE! PRAISE GOD!

Susan Malde



WAITING, HOPING, PRAYING: LEA'S STORY

What would you say if one of your friends needed an organ transplant? What action would you take?

Lea Williams of First Presbyterian Church is one such person. A few weeks ago I spoke with her about her experience with MPA (microscopic polyangiitis). An avid hiker and in excellent health, she was diagnosed five years ago with MPA, an inflammation of arteries, veins and capillaries. The result, an unhealthy immune system, causes the body to attack its own healthy tissue, thus injuring or destroying it. In Lea's case the disease, the cause of which is unknown, has affected her lungs and kidneys. "When my kidneys are attacked," Lea says, "the fatigue is so crushing and profound that, after a shower, I need to rest for four hours."

The rapid rate of onset shocked her. "I kept trying to ignore it but it wouldn't go away." The hardest part, she says, was giving up hope that she would ever be a normal, healthy person. But now, she believes "this is what God has chosen for me, so it's hard to whine about anything. I see blessings in a different way than before. I can now see people in their weaknesses and cherish them for these, honor their courage and perseverance for continuing to carry on. You see a heart and soul that still shines despite it all."

Lea's kidneys have failed and she undergoes dialysis three times a week for three hours each time. However, with the possibility of an abdominal catheter inserted for dialysis, she looks forward to perhaps swimming once again. At this point she is being evaluated as a candidate for a transplant at Cedars-Sinai Hospital, ranked by *U.S. News and World Report* as one of the best in the country in this field. Lea's hope is that she will be cleared by next month to be placed on the transplant list.

I let her know that I would be willing to help her in her quest for a donor. This will not be an easy task but she has already faced numerous challenges and graciously accepts the mission that is before her. This is just the beginning of her story and in the coming months you will hear more about Lea's progress, about organ donation and about how you have the power to donate life. For now, here are some links and nurses' contact information.

Sharon Troll
Parish Nurse

www.cedars-sinai.edu (click on transplant info) www.americantransplant.org
www.dmv.org/ca-california/organ-donor.php www.livingdonors.org

Cedars-Sinai Kidney Nurse Transplant contacts:

Judith Taylor 310-423-4718 or Ellen Shukhman 310-423-2641

Upcoming Events

Care Ministry meeting Tuesday, February 12 at 4:00 PM in the library.

Senior Valentine Luncheon, Thursday, February 14 from 11:30 am – 1:00 PM.

Cost: \$7.00

Bring a love story or poem to share.

Women's Morning Fellowship Gathering

Are you drowning in pictures and don't know what to do with them? Come join Jeanette Carpenter as she shares several creative ways to save your memories in pictures. Bring some of your own pictures as you will have a hands on approach in creating your own design. Maybe you'll want to create that special gift for a loved one.

Saturday, February 23 from 10 AM to 12 Noon.

Bring scissors and a ruler.

Cost: \$5.00

The Farstrup – Mortensen Memorial Lectures take place on February 22-24, 2008 at Bethania Lutheran Church. The theme of this year's lectures is "Religion and Violence". Brochures with more information are available at the Welcome Center.

HOW ARE WE DOING FINANCIALLY?

- **December Income: \$48,501.21**
- **December Expenses: \$44,120.29**
- **YTD Income: \$215,281.30**
- **YTD Expenses: \$222,533.11**

Thank You to Trinity

Once again the good people of Trinity have helped me with their prayers. I also want to thank pastor, Sharon Troll and June Brusse for their visits, and for the poinsettia, the cookies and cards. This was my third hip surgery in two years. I am home, in our new home in Maravilla, and doing well.

Helen Seyfried

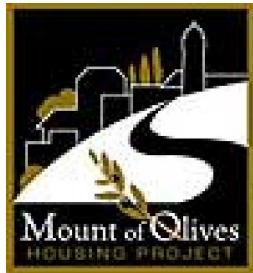
On behalf of the Foodbank of Santa Barbara County, thank you, Trinity Lutheran Church, for your generous donation of **320 pounds** of assorted non-perishable goods collected during your food drive. This donation has been sorted and distributed to our member agency network of 100 plus social service organizations locally.

Your donation will help feed those in need this holiday season. Many thanks for your continued support and commitment to feeding the hungry in our community.

Best regards,

Jane Lindsey, Community Relations Coordinator

We received the following letter from the ELCA Global Mission division thanking us for contributing \$1475 to the Mount of Olives Housing Project.



“Thank you for your generous support for the housing project on the grounds of Augusta Victoria Hospital. A small vial of oil, pressed from olives grown on the Mount of Olives where AVH is located, will be mailed separately to you as a special acknowledgement of your generous gift – and as a reminder of the commitment of our worldwide Lutheran family to support the Evangelical Lutheran Church in Jordan and the Holy Land,

whose future is at risk.

CHRISTMAS TREE LOT RESULTS



Our Christmas Tree lot was again a great success. We had 650 trees delivered of which 80 were Douglas firs, 115 were Grand Firs and 455 were the ever popular Noble Firs. Our trees were cut fresh in Oregon on Wednesday, November 28th and delivered by truck on November 30th, filled not only with the trees but also with fresh snow. We opened our lot on Saturday, December 1st and sold our last tree on Thursday, December 13th.

The whole operation took a lot of coordination and volunteer labor. First the tree “barn” was built with the help of a number of the men of the church plus volunteers from the Boy Scout troop we sponsor. Then when the trees arrived, the semi-truck was unloaded with the help of Adam Graham’s crew of landscape workers and volunteer church members. And finally thirteen days of volunteer efforts staffed the tree lot and sold the trees.

We thank each and every volunteer for their dedicated efforts that made this a success.

The Numbers – Total sales	\$40,238.50
Our cost of the trees and wreaths	\$20,500.50
Sales tax & delivery cost	<u>\$ 5,694.00</u>
Net profit from our effort	\$13,805.68

Funds that will be used to support our youth and senior programs

Notes in Youth and Family Ministries

I've been running a series (and will continue) of faith formation at home, and how what you do the OTHER six days of the week, regardless of how often you attend worship services, is where it all REALLY begins. In that spirit, here are some reminder notes:

Maybe Sunday morning is legitimately a bad time for your family to focus on God; but be prepared to offset that time elsewhere in your schedule. I guarantee that five or ten minutes every day for six days will have more of a cumulative impact than one hour on Sunday morning. Grab your Bible and take a Psalm (there's plenty of short ones) and read it as one of the prayers before dinner together. Take one line from the Lord's Prayer and pray through it as a family each night of the week before going on to the next line.

If all that is too much, dear reader, make time to come to church, or even give me a call or an email (kidzndrumz@aol.com) and we'll talk about ways to get that faith journey moving at home. Here's why it's important:

"I'll bring my children when they're old enough," many parents promise, not quite clear when that age will be. Any age is an appropriate age to join the church, but for parents there may be no age when bringing children to worship is an easy task. But what it comes down to is a pair of rock solid truths: Children Need the Church and the Church Needs Children.

Why do children need the church?

-Children learn that they are valued and loved as God's creation. Even small children have a need for forgiveness. In the church, we believe in second chances.

Why does the church need children?

-Children bring gifts of faith to the community. Who else will ask questions that a preschooler asks? Or bring the enthusiasm? Who can challenge like a sincere adolescent? When we listen to them, children serve as prophets, calling us adults back to the implications of our faith.

I'll continue to explore this dual-truth in months to come. In the meantime, bring Jesus home with you this month. He's DYING to hang out with you!

Shalom,
Rich Lashua
Director of Christian Education/Youth and Family Ministries



The Lutheran Women's Blanket Makers at Good Shepherd thank you for your donations and help in completing, and providing 80 adult and 91 baby quilts for charities in town! A special thank you to **Ruth Gilde** , who crochets such beautiful baby blankets and to **Shirley Landru**, who keeps us supplied with sewn adult and baby toys. We can still use sheets, mattress pads and blankets, and any left-over material from your sewing projects. The receivers of these quilts were: **Transition House, Rescue Mission, Bethel House, Habitat for Humanity, Assistance League, Maravilla Home and Blankets for Linus.** We could still use some more hands to tie knots on the 2nd Friday and Saturday mornings of the month.

God's blessing be yours,
Jane Maddalon

COME TO THE EVENT OF THE CENTURY!

- Who:** To honor Alf Honikmann
- What:** Book signing at Border's
- Where:** Borders Books, downtown
- When:** Tuesday, February 12 at 7 PM
- Why:** Alfred (who turns 98 in February) is a world renowned statesman, once the mayor of Capetown, South Africa, who resisted apartheid. Come hear excerpts from his most recent memoir. Alfred is the father-in-law of Jane Honikmann, who founded PEP programs.

The event is hosted by Sally Franz who will be reading from Alfred's book. Sally is a personal friend of Alf's and was interested in his place in history because her childhood friend Kathy Tobin was assassinated for offering legal help to the resistance in South Africa in the early 70's. Come honor a man who chose social justice over material gain and power.

Did you know? According to UNICEF, 9.7 million children under five die each year, mostly from diseases that could be prevented with simple, affordable measures.

Music Ministry News

The season of **Lent** is nearly upon us. On February 6 we will again join together in worship with our brothers and sisters from Christ and Grace Lutheran churches. The occasion is the **Ash Wednesday** service at **Christ Lutheran in Goleta**, beginning at the slightly earlier time of **6:30 PM**. This is in order to make it possible to hear one of the finest vocal ensembles in the country, the **St. Olaf Choir**, which is singing at **8:00 PM** at **First Presbyterian Church** that same evening. If you enjoy choral music, especially of a Christian nature, you do NOT want to miss this event.

For the five **Wednesdays of Lent** that follow Ash Wednesday we will meet in the **Memorial Chapel at 7:00 PM** to share in the familiar **Holden Evening Prayer** service we have been using now for over twenty years. Each week will be a little different, using a variety of instruments and voices to lead the well-known and much-loved setting.

On **Good Friday**, March 21, we will join forces again as a Lutheran community at **Grace Lutheran** for a very special worship service. The **Vocal Scholars**, a group of five local professional singers led by Christ Lutheran member Michael Shasberger, Professor of Music at Westmont College, will present the ***Seven Last Words of Christ by Heinrich Schütz***. This beautiful early Baroque cantata, which predates J.S. Bach by decades, is a little less than 30 minutes long and will be part of a striking and memorable service remembering our Lord's last hours among us in the flesh.

I have received many helpful comments about the music I select and present for worship, both at the 8:00 AM contemporary service and the 10:15 AM traditional service, but I welcome more. If you have a hymn you miss, or anything in particular you want to share about the music, please do not hesitate to tell me. It doesn't matter whether it is positive feedback or negative, I cannot continue to improve my service to our church if I do not know what everyone is thinking. **Please talk to me!**

Peace & Harmony,

Philip Wilson
Director of Music

an community is beginning a Social Justice Discussion and Action Group. Its first meeting will be February 10, 6:30 pm in the Fireside room. Everyone is invited to attend and help shape the Group. The topic of discussion on February 10 is "A Christian Response to Torture." For more information, call Karen or Kent Carlander @ 967-6560 or Pastor Russ Gordon @ 964-2267



A group from Christ Lutheran will be touring Ireland this summer, leaving July 15. If you would like to join your fellow Lutherans, please call Pastor Gordon @ 704-2199 and he can give you more information. Pastor Gordon is also offering a trip to the Holy Lands in January of 2009 and a trip to Oberammergau in summer of 2010. Brochures are available.



A new non-prophet group has begun meeting at Trinity. The **NAR-ANON I CAN BE FREE** group meets on Fridays from 6-7 PM in the Fellowship Hall. The Nar-anon Family Groups are a world-wide fellowship for those affected by someone else's addiction. As a twelve step program, they offer help by sharing their **Experience, Strength and Hope**. For more information please call 1-800-477-6291

Did you know? Black Americans are ten times more likely to be imprisoned for illegal drug offenses than white, even though they use and sell drugs at the same rate?

Offering envelopes for 2008 are in the narthex for pick-up. We will not be mailing them this year unless you call the office to request it. Thank you.

Halo Chronicles January 2008

The Ladybug class (2-3 year olds) returned from Christmas vacation to a room full of dinosaurs and reptiles. The class has been transported to a land of long ago, occupied by dinosaurs and reptiles. In addition to making dinosaur salad, painting dinosaur eggs and snakes, the walls of the room are decorated with dinosaur footprints and artwork. This unit fascinates the kids: girls and boys alike. The month will end with a Dinosaur Bone Dig in the sand box...how excited the children are to find their dinosaur treasure bones. Each day they look to Ms. Ornellas to find out what more they will learn about these intriguing creatures.

The Bumblebee class (3-4 year olds) has been looking at Space and Weather this month. At every turn, the class learns a new fact about planets and the environment in which we live. The Bumblebees have incorporated all that they have been studying into art and story telling, and have enjoyed tasting astronaut ice cream and making space popcorn balls. The children decorated their classroom with painted planets: Earth & Saturn. They also displayed their shiny space rockets. The month will end with a space excursion. It never ceases to amaze the amount that children absorb and the way in which they relate new facts to their everyday lives.

The Butterfly class (4-5 year olds) continues to study the alphabet, painting a letter each week and associating that letter with words beginning with the particular letter. The children have also found themselves learning about health and safety, as well as pets and animals. Our unit this month concentrates on good choices that we can make about food and taking care of our bodies, in addition to touching on points of safety. The children learn their phone numbers and hear about a variety of things that will help to keep them safe. The unit on animals and pets is always a favorite with the children. This is a time when the kids are able to learn about different animals and also have the opportunity to bring in family pets (or photos of pets) to share with the class. As always, the Butterflies are only too thrilled and proud to introduce their own pets. At the end of the month the class will have an in-class circus, where children and teachers will dress as their favorite circus character and display their talents in circus acts.

We hope that 2008 finds you happy and healthy. Again, we at Little Angels feel blessed to share yet another year with all of you.

EN AN ALTAR IS NOT AN ALTAR

We have an Altar Guild. Its members serve faithfully on behalf of us all. The Guild is so named because the principal focus of their work is the altar. However, as Gordon Lathrop points out in his book *Holy Things*, altars are for sacrifices and the church, from the very beginning, rejected them. They may have been prominent in the cult of ancient Israel but the practice ceased among Jews after the destruction of the second temple in the first century. Early followers of Jesus remembered his rampage in that place, implicitly calling into question the whole sacrificial system.

The Christians understood the cross of Jesus as “a fragrant offering and sacrifice to God” (Eph. 5:1), but one that signaled the end of any and all sacred violence. Sacrifice, for them, was spiritualized: they admonished one another to “present your bodies as a living sacrifice.” (Rom 12:1) In any event, God needs nothings from us. What could we give him? With what might we feed him? Besides, didn’t the prophet proclaim that Yahwe God “desires mercy and not sacrifice”? (Hosea 3:6)

Before I read Lathrop’s book I was not aware of how pervasive animal sacrifices were in the Greco-Roman world of late antiquity. “Sacrifice,” he explains, “was regarded as binding the city and the people into a whole with each other and with the gods, all of them together witnesses at the killing and guests at the bloody table.” There was no separation of sacred and secular. The public sacrifices, with their processions and hymns, constituted civic and holy occasions; they were at the heart of the meaning of the state and of its citizens within it.

The theologian Justin (d. 165) would have none of it. In his *Apology* he argued that to kill animals, part of God’s creation, is wasteful and shows ingratitude. Alternatively, Christians do two things: they give thanks for the food they receive from the divine abundance and then share some of it with the poor. Thanksgiving prayer over food in the name of Jesus Christ was to offer an explicit challenge and rival to the state’s liturgy. No wonder the Christians were criticized for being unpatriotic atheists! To participate in the Lord’s Supper in those days carried very obvious, and dangerous, political implications. It is no accident that the theologian’s full name comes down to us as Justin Martyr.

It is important in our day to remember that we gather around our non-altar to give thanks over food in the name of the one and only king, Jesus. Thus we declare that our attachment to any political arrangement is only provisional and proximate. The cross and all flags are to be clearly distinguished one from the other.

We don’t perform sacrifices on our altar, but we do collect an offering which, as I mentioned above, anciently was given to the poor. Wouldn’t it be wonderful if we could, mature in faith, simply and unfussily subscribe the budget, much of which covers institutional maintenance. Then what is given in worship and lifted before the altar-table as a symbol of the presence of God, would go out the door.

Bruce Wollenberg



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